



# Douglas A. Munro Post 356 – Lynn Haven, Florida

**Mail Address:** 400 Aberdeen Parkway, Panama City FL 32405 \* **Post Email:** [ALPost356LH@gmail.com](mailto:ALPost356LH@gmail.com) \* **Phone:** 850-271-3558  
**Newsletter:** July 2022

## Next Monthly Meetings — Saturday July 9, 2022

- ❖ **Executive Board** – Legion 0900 / ALA (Auxiliary) 0930
- ❖ **General Membership** – ALA and Legion members meet at 1000. **All members are encouraged to attend!**

### Commander Corner

On behalf of our Post Family leaders, please accept our sincere “Thank You!” for all you’ve done in 2021-2022 for the Post, our members, our community, the citizens of our State, and contributing to Legion-sponsored programs!



- ❖ It has been a challenging year for many. Yet, despite the difficulties you faced, you soldiered on with resolve.
- ❖ Please continue to share your ideas for ways our Post can be a better Post “Family.” We welcome all comments and suggestions.

In 2022-2023, we’re pleased to announce there are six “New” and eleven 2021-2022 Legion Board Members who are serving once again. [Officers are listed on the right side.]

### July 9 10 am – Legion General Meeting Guest Speakers

- ❖ Realizing the importance of future government policies in Bay County/6<sup>th</sup> Districts, we have accepted the offer from the State House of Representatives candidates to address our Post prior to the August Primary.
- ❖ Republican candidates who will address our memberships are Brian Clowdus and Phillip “Griff” Griffiths, Jr.
- ❖ ALA, SAL, and Legionnaires are invited to join us to listen to their future policies for our community and ask questions.

### July 16 (Saturday) 4-5:30 pm - Post Officer Installations for ALA, Legion, Riders, and SAL

- ❖ Officers, family members, and guests should arrive before 3:45 pm.
- ❖ Our regularly scheduled 6 pm Saturday night dinner and 7 pm entertainment will follow.

**REMINDER:** If you use the kitchen, please clean up afterwards: stove, floor, dishes & pots & pans are 100% clean, and put everything away before you leave that day. We really appreciate leaving the kitchen in order for the next group.

### 2022-2023 Legion Officers

**Commander** Charlotte Lechene  
**1st Vice** Don Colbert  
**2nd Vice** Michelle Womack  
**3rd Vice** Dave Richards  
**Adjutant** ET Todd  
**Chaplain** Marvin Strickland  
**Finance Officer** Ron Womack  
**Historian** Nancy Atkinson  
**Judge Advocate** Curtis McNeil  
**Service Officer** John Savelli  
**Sgt-at-Arms** Gena Loguidice

<u>Executive Board</u>	<u>House Committee</u>
Butch Shumaker	Jay Coniglio
Chuck Rexroad	Rich Clampitt
Doug Skaggs	Todd Bottorff

**ALA President** Ellen Colosetti  
**ALR Director** Don Colbert  
**SAL Commander** Johnnie Wilson

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## Chaplain

Please contact **Chaplain Marvin Strickland** (850-832-1746) to report all Auxiliary, Rider, SAL, or Veteran members, or their spouse who have passed or aren't feeling well.

*Post 356 salutes our departed Post members at **every Legion General Meeting** in remembrance of their contribution and service to our Country, Community, and our Post. Note: The Auxiliary honors their departed members at their meeting.*

### In Memoriam

- **Robert "Bob" Subera [passed 6/7/2022]**

### Sick Call

- ❖ UPDATE: Thank you for keeping Phil Palmer in your prayers for his continued healing.

## Legion Committees – Programs

### 1. Post 356 Legion Membership

**Expect the 2022-2023 renewal notices to arrive sometime around July 1<sup>st</sup>.**

- ❖ **Remember: You can save the Legion millions of dollars in "Renewal Reminder" mailing costs by setting up an account on MyLegion.org and renewing via credit card in July 2022 for the next year. This is a secure site!**
- ❖ When you renew online, you have the option to print your membership card.
- ❖ Therefore, to save the Post money (renewal letters, envelopes, and stamps), we don't automatically mail your 2023 card; however, if you send an email to [ALPost356LH@gmail.com](mailto:ALPost356LH@gmail.com) or call the Post, we'll gladly mail it to you.

**CONTACTS:** For Membership questions or needs, our incoming Adjutant "ET" Todd or Commander Lechene are available to help at any time.

### 2. House Committee

#### CANTEEN SPECIALS

- This may come as a complete shock to many of us but the "booze" specials of "Wild Turkey American Honey" (priced at \$2.25) and "Sailor Jerry Spiced Rum" (also priced at \$2.25) have not sold out yet. We have little of each left.
- July's specials on alcoholic beverages will be "flavored vodka" (Cherry & Grape). Vodka prices will be posted on our canteen wall when the last of the "Wild Turkey" and "Sailor Jerry" stuff is gone! Please empty these two critters.

**SEEKING A BARKEEP:** Please help in getting the word out. One of our bartenders has started working limited days. She had her own business before Hurricane Michael and wants to get back doing something she loves to do. The House Committee is starting to search for another bartender. Application packages are available at the Post in the House Committee pigeon hole in the office.



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## RECENT HAPPENINGS AT Post 356!

### American Legion Auxiliary Unit 356 “Billy” Awards

#### *“Thank You” to the ALA Unit 356 2021-2022 “Billy Awards” recipients (left to right)*

- ❖ **Maria Christine Poindexter:** Chris is an example of a stellar and dedicated 2021-2022 Auxiliary President who understands our Legion Programs, leads her unit in a professional manner, and is always the first one to step in when there is a need.
- ❖ **Sue Pulkowski:** When the Auxiliary President was out of town on business this past year, Sue repeatedly stepped in for the President to ensure the Unit programs were maintained.
- ❖ **Ruth Peavy:** Ruth has been a dedicated ALA member for many years and has continuously served in our Unit as a Leader and a contributor.
- ❖ **Bobby Strickland:** Working hand-in-hand with her husband, Post Chaplain Marvin Strickland, Bobby is critical in the role of assisting with tracking and notifying all Post members who are in need of prayer, special needs, and/or condolences.
- ❖ **Donna Simpson:** Whenever asked to assist – no matter the task - Donna always assists every Family Unit (Auxiliary, Legion, and Riders) whenever and wherever needed.





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## Douglas A Munro Post 356 Legionnaire Awards —June 6th



*Left to Right: Ronnie Grover (District 1 Commander), Don Colbert (1<sup>st</sup> Vice Commander), and Dave Richards (Legionnaire)*

### Post 356 named David “Dave” Richards as the Douglas A Munro Post 356 “2021-2022 Legionnaire of the Year”

Commander Lechene made the following statements at the June 4 General Meeting:

- ❖ “Dave exemplifies the American Legion Mission ‘To enhance the well-being of America’s veterans, their families, our military, and our communities by our devotion to mutual helpfulness. ‘
- ❖ He is a ‘quiet and humble leader’ who never demands, nor expects, recognition or thanks for his efforts.
- ❖ We are honored to name this stellar Vietnam veteran, Life member of the VFW, Life member of the 40&8, and member of Douglas A Munro Post 356 as our 2021-2022 Legionnaire of the Year.”

### Michael “Mike” Umland and David “Dave Richards” were presented with a Florida Department Billy Award

Mike and Dave’s invaluable expertise, positive attitude, and willingness to perform dirty and laborious tasks were demonstrated by more than **400** total volunteer hours over a three-month period.

Their combined efforts saved our Post more than **\$14,000** by personally doing the work which improved our air quality and provided a healthier and more pleasing environment for members and guests.



*Left to Right: Ronnie Grover (District 1 Commander), Don Colbert (1<sup>st</sup> Vice Commander), and Mike Umland (Legionnaire)*



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## Legionnaire Michelle Womack was also awarded a Florida Department Billy Award

Michelle was recognized for single-handedly amassing Auction baskets for our Scouts' Children & Youth fundraiser that resulted in over **\$2,000** in donations from local businesses and members.

We're excited that USAF Veteran Michelle was recently elected as our 2022-2023 2<sup>nd</sup> Vice Commander...a gifted volunteer and a great fit for our Post!



**Michelle Womack**

## VETERANS ADMINISTRATION

### Check-In For Your Next VA Appointment Might Be Different Next Time



Beginning this summer, some VA facilities will allow Veterans to do one or both of these:

- Start the check-in process up to seven days in advance of the appointment.
- Check in at the clinic using your smartphone on the day of your appointment.

As part of how VA is modernizing the way Veterans receive care, VA received extensive feedback from Veterans and caregivers about how the checking-in process can be made better, especially for those who use assistive technologies to access their benefits online.

VA's Office of Information and Technology, partnering with VHA, has applied this feedback to the design of the new, modernized patient check-in application coming soon to your location.

#### ***At all VA locations by the end of August 2022***

VA is deploying the application at facilities geographically. Deployment within all VISNs will occur by the end of August 2022.

#### ***Five facts Veterans should know about VA's patient check-in application***

1. Veterans will always have the option to check in for an appointment with a staff member. Using the new mobile app therefore is not a requirement. VA staff are honored to check Veterans in for appointments and to answer questions.
2. Veterans will need to check-in at the facility with a staff member on appointment day if they require changes to demographic (contact, next of kin, emergency contact) or insurance information.
3. The patient application has two options:
  - **Pre-check-in** helps Veterans confirm demographic information is up to date prior to an appointment. If a clinic offers pre-check-in, Veterans will receive a link through a text message appointment reminder after confirming an appointment.
  - **Mobile check-in** allows Veterans to check-in for an appointment on a smartphone when they arrive at the facility. Upon arrival at a clinic offering mobile check-in, Veterans should locate the poster titled,



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“Have an appointment? Check in with your phone” prominently on display. They should then text or scan the QR code as directed in the poster to start the process.

4. To use the mobile app, Veterans must have a smartphone that is connected to Wi-Fi or cellular service and the phone number on file with VA, as this is how VA verifies your identity. Veterans can update their contact information online at <https://www.va.gov/change-address/>
5. The national contract for VetLink kiosks will expire at the end of September 2022. After that date, Veterans should:
  - Use the patient check-in application for self-service check-in or check in with a staff member.
  - Submit your travel reimbursement claims through the Beneficiary Travel Self-Service System (BTSSS), mail, fax and/or in-person at a VA medical center. <https://dvagov-btsss.dynamics365portals.us/>

## **FAST AND AFFORDABLE INTERNET SERVICE**

If you or a Veteran you know is struggling to afford internet service, the **Affordable Connectivity Program (ACP)** may put fast and reliable internet service within reach.

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

## **ARE YOU ONE OF THE APPROXIMATELY 2.5 MILLION VETERANS ELIGIBLE FOR THE PROGRAM?**

### **A household is eligible if a member MEETS AT LEAST ONE of the criteria below**

- ❖ Has an income that is at or below 200% of the Federal Poverty Guidelines
  - ❖ Visit <https://www.uscis.gov/i-942p> to see the Income Guidelines
- ❖ Participates in certain assistance programs, such as Veterans pension, survivor benefit Supplemental Nutrition Assistance Program (SNAP), Medicaid, Federal Public Housing Assistance, Supplemental Security Income (SSI); Women, Infants, and Children; or Lifeline;
- ❖ Is approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision;
- ❖ Received a Federal Pell Grant during the current award year;
- ❖ Meets the eligibility criteria for a participating broadband carrier’s existing low-income program.

### **Eligible households must apply for the program AND contact a participating provider to select a service plan**

1. Go to [www.AffordableConnectivity.gov](http://www.AffordableConnectivity.gov) to submit an application or print out a mail-in application THEN
2. Contact your preferred participating provider to select a plan and have the discount applied to your bill.



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## THE AMERICAN LEGION



### 2021 Florida Department Convention

It was an exciting Convention this year at the 103<sup>rd</sup> 104<sup>th</sup> statewide convention June 16-19 at the Hilton Orlando in Lake Buena Vista. Following are a few highlights.

2022-2023 Department Officers: 280 Florida Posts elected the 2022-2023 American Legion leaders in our State.



Commander  
Eunice Butts



1st Vice Commander  
Michael Raymond



2nd Vice Commander  
Chris Hamrick



3rd Vice Commander  
Jessica Moore

### Post 356 Awarded "Winner Outstanding Post Scouting Program"

***Post 356 is honored to report that Post 356 has received the 2021-2022 award shown on the right.***

***"Thank you" Troops 321 and 356 Scoutmasters and Troop members for the remarkable efforts you have achieved this year.***

**YOU DID ALL THE WORK!**

***We will proudly display the plaque for our Post members to be reminded of the many achievements you've realized and the value in continuing to support our Scouting Program.***





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## **“Be the One” Campaign – Reduce Veteran Suicide!**

The American Legion recently launched its **“Be the One”** campaign to encourage American Legion Family members, veterans, servicemembers and others to take action when they believe a veteran is at risk of suicide. Following are common questions about this new initiative: <http://www.legion.org/betheone>

### **How did the “Be the One” initiative develop?**

**Answer:** The American Legion, the nation’s largest veterans service organization with more than 1.8 million members, is guided by its Four Pillars. Among those is the Veterans Affairs & Rehabilitation pillar. At its core, the Legion’s mission is to enhance the well-being of America’s veterans, their families, our military and our communities by their devotion to mutual helpfulness.

### **Why is this a priority right now?**

**Answer:** Today, the No. 1 issue facing those who served is veteran suicide, according to the National Veteran Suicide Prevention Annual Report. Each day, no fewer than 17 veterans die by suicide. That’s more than 6,000 each year. The rate of suicide for veterans is more than 50% higher than that of non-veteran adults. As the Global War on Terrorism continues, there will be more veterans facing mental-health issues such as post-traumatic stress disorder.

### **What will “Be the One” campaign achieve?**

**Answer:** At its core, The American Legion is activating a national platform to end veteran suicide. The “Be the One” campaign will:

1. Destigmatize asking for mental health support, creating opportunity for those with mental health issues to speak freely and get the support they need.
2. Provide peer-to-peer support and resources in local communities.
3. Deploy FDA-approved therapeutics for veterans to identify issues and find resources for support.

### **I’m not a veteran. How can I support this program?**

**Answer:** The stigma associated with mental health issues is a barrier to veterans seeking assistance. They fear loss of their job, think they can handle their situation themselves, or don’t think others can understand their situation. Family members may be the first to recognize the signs that their loved one needs help, but they may lack the knowledge of how to approach the situation. If you have a family member who is a veteran, The American Legion encourages you to “Be the One” to:

1. Ask veterans in your life how they are doing.
2. Listen when a veteran needs to talk.
3. Reach out when a veteran is struggling.
4. Pledge to “Be the One” at <https://www.legion.org/betheone> by signing up for email updates.

### **I’m a veteran. What should I do to help this program succeed?**

- **Answer:** The American Legion encourages you to “Be the One” to:
  - ❖ **Talk** with others about how you are feeling.
  - ❖ **Ask** for help when you know you need it.
  - ❖ **Know** there are millions of people ready to help you.
  - ❖ **Remember** your family and friend’s care.

## **IF YOU ARE A VETERAN IN CRISIS, VA HAS RESOURCES AVAILABLE 24 HOURS A DAY, SEVEN DAYS A WEEK:**

- ❖ Call 1-800-273-8255 and press 1
- ❖ Text 838255 OR Visit the VA Crisis Line website at <http://www.veteranscrisisline.net/>



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## American Legion Auxiliary *Ellen Colosetti, President*

I'd like to thank all of our volunteers for a very successful poppy fundraiser. You gals did an over-the-top job. The funds we raised will go directly to help needy veterans.

I'm looking forward to a fun and productive year, and want to invite all members to attend the monthly Auxiliary meetings.

The meetings give all members a chance to share ideas and have input into the direction and goals of our Auxiliary.

Thanks /Ellen



**Follow us on Facebook: American Legion Auxiliary Unit 356 Lynn Haven, Florida**



## American Legion Riders *Don Colbert, Director*

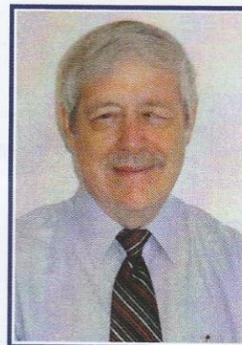
### Upcoming July Events:

- **4<sup>th</sup> – Lynn Haven Parade:** Opening ceremony at Sheffield Park at 8:30 am; parade starts at 8:45 am.
- **24<sup>th</sup> – Unity Ride:** The riders will finish at Post 356 around 2 pm for burgers and hot dogs.
- **Wing Nights** - Due to the extreme heat from the fryer into the bar area, we won't serve Wings at our regularly scheduled July and August Friday nights. Updated meals will be announced at the Post on the Legion's Facebook site.

### Want to advertise in our Newsletter?

\$60 for 12 issues (only \$5 per month) will reach 500+ persons.

Contact [ALPost356LH@gmail.com](mailto:ALPost356LH@gmail.com) or call Charlotte Lechene.



**BOB SCHULTZ**  
REFERRAL ASSOCIATE

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(850) 832-8749      TEXT  
[Shuze@comcast.net](mailto:Shuze@comcast.net)      EMAIL

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## Scouts

**Douglas A Munro Post 356 proudly sponsors the following seven (7) Scout Units:** Girls' Troop 356, Boy's Troop 356, Pack 356, Girl's Troop 321, Boy's Troop 321, Pack 321, and a Venturing Crew.

### Pack & Troops 356

**Submitted by Cubmaster Katrina Hagler, Scoutmaster Stephanie Brooks, and Scoutmaster Lewis Hagler**

It's been a busy month; all cubs were promoted to their next rank and all are excited to start earning for their next rank. We had a small end of year water party for those that worked extra hard this year. The biggest thing this month was the start of an Eagle project.

**Service to others is an important part of the Scout Oath:**

**"... to help others at all times."**

**Each year tens of thousands of young men strive to achieve the coveted Eagle Scout rank by applying character, citizenship, and Scouting values in their daily lives.**

One of the rank requirements is to plan, develop, and give leadership to others in a service project helpful to any religious institution, school or community. Through this requirement, Scouts practice what they have learned and gain valuable project management and leadership experience.

This Project must show the following:

- Planning, development, and leadership and how these three factors will benefit your community.
- That the project is realistic for you to carry out.
- That you have an understanding of what must be done to guard against injury, and what will be done if someone gets hurt.
- A list of the key steps you will take to make sure your plan will have enough details so it can be carried out successfully.

Our current Life Scout decided he was going to help 3 Rivers State Park by improving on their benches and around the fire ring in their group campsite. They had old logs filled with ants that sat around the fire ring. He is in the process of building nice benches and creating an area around the fire ring with rocks to make it really look nice.

We have found out that this state park has never had an Eagle Project there so they are very excited and welcoming us!

I do not have the before picture to show you, I will work on obtaining that for you for next month. However, here are some pictures of the work in progress. It is going a lot slower due to the heat as we need to make sure everyone stays safe!



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Some prep work was done off site to reduce heat exposure.



Original  
fire ring  
after the  
logs were  
removed



**BSA has restrictions on what tools can and cannot be used by scouts. So, the scout leading the Eagle Scout project has to learn to lead those older than him too.**



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### **Pack 321**

***Submitted by Scoutmasters Chuck Rexroad and Jim Works***

School is out, but Troops 321B and 321G have kept busy. They held elections for the leadership positions in both troops for the next six months and sold meat sticks and Boy Scout Syrup at Lowes as a fundraiser.

The Scouts did a one-mile orienteering course during one outdoor meeting. Fifteen boys, one girl, and five adults went up to Camp Frank G. Lumpkin in LaGrange, GA for a week of summer camp, earning 45 merit badges and getting partial completions on another 22. Two boys advanced and became Star Scouts at the end of camp.

The week after camp, two boys completed the weeklong the National Youth Leader Training Course in Tallahassee. On June 28<sup>th</sup>, Ethan McCurdy will be the latest Eagle Scout to receive his award at his Court of Honor.

Pack 321 wrapped up a successful year with the Crossover Event on May 24<sup>th</sup>, where three Lions (Kindergarten) became Tigers (First Grade), three Wolves (Second Grade) became Bears (Third Grade), three Bears became Webelos (Fourth Grade) and three Webelos became Arrow of Light (Fifth Grade).

The event also recognized Pinewood Derby Winners and adult leaders who earned training awards. Meetings are on pause for the summer, but the Pack 321 did get together for a wet day at the Lynn Haven Splash Pad on June 18<sup>th</sup>.



***Three Lion Scouts and Cubmaster Mike Watrous and Committee Chair Liz Hildebrandt at Crossover***



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## “Welcome” New Members in June 2022

*Thank you for joining. If you’re wondering how to get involved as a newbie, please let us know. Your participation is not only needed, it’s valued, and appreciated!*

If you have an opportunity to see one of our new members listed below, please Welcome them and say “Thank you” for choosing Post 356 as their new Legion “home.”

Legion (5)	
<b>NEW!</b> Thomas Sharkey – USN – Vietnam	<b>TRANSFER:</b> Steven Gustin – USCG – Gulf War – transfer from Alaska Post 5
<b>NEW!</b> Jimmy Ray Haddock – USAF – Vietnam	<b>TRANSFER:</b> Ricky Kuehner – USN – Grenada/Lebanon-Gulf War – transfer from FL 316 (Atlantic Beach FL)
<b>NEW!</b> Matt Holst – USAF – Gulf War	

## Additional Upcoming Events

*Details will be provided in the monthly calendar, and flyers on Facebook and at the Post.*

### July Highlights

- ❖ 4<sup>th</sup> – **Lunch:** The Post will provide hamburgers and hot dogs from 12-1 pm; bring a side or dessert to share.
- ❖ 4<sup>th</sup> – **POST CLOSSES AT 5 PM**
- ❖ 9<sup>th</sup> – **Legion & Auxiliary meetings are moved from the 1<sup>st</sup> Saturday (7/2) to 7/9.**
- ❖ 16<sup>th</sup> from 4-5:30 pm: Installation of Post 356 Family Officers
- ❖ 30<sup>th</sup> – Sync or Swim Show (7-10 pm); dinner will be served at 6 pm



## Volunteer Opportunities

*Together we are successfully building a “home” Post for Veterans and their families AND making a difference in our community. Thank you!*

DATE	VOLUNTEERS NEEDED	CONTACT
Any Family member	<b>Steak Night [2<sup>nd</sup> Saturday]</b> <ul style="list-style-type: none"> <li>• Alternates for grill masters, prepping salads &amp; baked potatoes, kitchen clean-up, etc.</li> </ul>	Marvin Strickland (850) 832-1746
Any Family member	<b>Deep-cleaning the Kitchen is coming up soon</b> <ul style="list-style-type: none"> <li>• Interested in helping us clean the kitchen on a more regular basis, e.g. refrigerator, shelves, counters, ovens, etc.?</li> </ul>	Charlotte Lechene (678) 617-9372
Any Family member	<b>July 30 – “Sync or Swim” help needed</b> <ul style="list-style-type: none"> <li>• Please help us with food preparation, serving, or kitchen clean up afterwards.</li> <li>• 2-3 volunteers willing to work an hour or two would be extremely appreciated!</li> </ul>	Charlotte Lechene (678) 617-9372



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## Mark Your Calendar

- **Follow us on Facebook** for weekly updates by searching for “Legion LynnHaven”
- **Non-members and Poker players** must enter at the Front Door and sign in. No exceptions!
- Our Post is a **smoke-free building** — a covered open-air porch at the back is available for smoking.

### American Legion Post 356 - JULY 2022

**Canteen Hours** (barkeep may close earlier based on business) \* **Monday-Thursday** (11am- 8pm) \* **Friday-Saturday** (11am-11pm) \* **Sunday** (11am-6pm)  
**Post Phone:** 850-271-3558 \*\*\* **FOLLOW US ON FACEBOOK:** Search for “Legion LynnHaven”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
♣ <b>HAPPY HOUR:</b> every day 3-6 pm ♣ Meals and entertainment subject to change without notice ♣ Our Post is a <b>smoke-free building</b>					<b>1</b> 6 pm FRIED CHICKEN / MASHED POTATOES (ALA) 7 pm DJ EAST-WEST CONNECTIONS (ET)	<b>2</b> <b>MEETINGS MOVED TO 7/9</b> 1 pm Poker 6 pm BRATS (Riders) 7 pm GaryOkee
<b>3</b> 1 pm Fun Sunday	<b>4</b> 12-1 pm Lunch Post provides Hot Dogs & Burgers; BRING A DISH TO SHARE <b>POST CLOSSES AT 5 PM</b>	<b>5</b> 6 pm SAL Mtg 6:30 pm Entertainment Mtg	<b>6</b> 6 pm BURGERS (ALA) 6:30 pm Bingo	<b>7</b> 1 pm Poker 6:30 pm Ship/Captain/Crew	<b>8</b> 6 pm CHICKEN ENCHILADAS (Legion) 7 pm JUKE-BOX	<b>9</b> 6 Boards Legion (9 am) ALA (9:30) 10 am Legion/ALA General Mtg 1 pm Poker 6 pm STEAK NIGHT \$17 (Legion) 7 pm GaryOkee
<b>10</b> 1 pm Fun Sunday	<b>11</b> 6 pm Poker 6 pm DART Tournament	<b>12</b> 6 pm BUNCO!	<b>13</b> 6 pm BURGERS (Legion) 6:30 pm Bingo	<b>14</b> 1 pm Poker 1 pm Veterans Council 6 pm NALC Mtg 6:30 pm Ship/Captain/Crew	<b>15</b> 6 pm – MEAL TBD – (Riders) 7 pm DJ East-West Connections (ET)	<b>16</b> 1 pm Poker <b>***4-5:30pm OFFICER INSTALLATIONS</b> 6 pm SAUSAGE SUBS, RED BEANS & RICE (ALA) 7 pm GaryOkee
<b>17</b> 1 pm Fun Sunday	<b>18</b> 6 pm Poker 6 pm DART Tournament	<b>19</b> 7 pm Riders Mtg	<b>20</b> 6 pm BURGERS (Scouts) 6:30 pm Bingo	<b>21</b> 1 pm Poker 6:30 pm Ship/Captain/Crew 7 pm Defenders Mtg	<b>22</b> 6 pm CID HOME COOKING FOOD TRUCK (Legion) 7 pm GaryOkee	<b>23</b> 1 pm Poker 6 pm SEAFOOD \$8 (SAL) 7 pm GaryOkee
<b>24</b> 1 pm Fun Sunday 1 pm Jam Session RIDERS UNITY RIDE Burgers & Hot Dogs	<b>25</b> 6 pm Poker 6 pm DART Tournament	<b>26</b>	<b>27</b> 6 pm BURGERS (Legion) 6:30 pm Bingo	<b>28</b> 1 pm Poker 6:30 pm Ship/Captain/Crew	<b>29</b> 6 pm PORK STIR-FRY & RICE (Legion) 7 pm JUKE-BOX	<b>30</b> 1 pm Poker 6 pm SHRIMP OR CHICKEN SCAMPI, SALAD & DESSERT \$8 (Legion) 7-8:30 pm SYNC OR SWIM LIP SYNCING SHOW! 8:30 pm GaryOkee
<b>31</b> 1 pm Fun Sunday						

### Post Contact Information

- **Post:** (850) 271-3558
- **Facebook:** search for “Legion LynnHaven”
- **Legion Chaplain:** Marvin Strickland (850) 832-1746

**Email:** [ALPost356LH@gmail.com](mailto:ALPost356LH@gmail.com)

**Legion Commander:** Charlotte Lechene (678) 617-9372



## Douglas A. Munro Post 356 – Lynn Haven, Florida

**Mail Address:** 400 Aberdeen Parkway, Panama City FL 32405 \* **Post Email:** [ALPost356LH@gmail.com](mailto:ALPost356LH@gmail.com) \* **Phone:** 850-271-3558  
**Newsletter:** July 2022

July 30 – 7 to 10 pm

*American Legion Post 356 presents*



***JOIN US FOR A REALLY FUN EVENING!***

**July 30, 2022**

**6 pm: \$8 shrimp or chicken scampi dinner**

**7 pm: Sync battle begins**

***Followed by Gift Certificate Raffles and GaryOkee***

Contact Gary Ferguson for more information: 850-819-7510